



October 27, 2024

Orna Garnett
Associate Secretary
Director of ISE and IDM Services

Dear Orna Garnett:

It is an honor to address you on behalf of *Gospel Travel Mission* to present a proposal for humanitarian work that we will carry out in the province of Santiago de Cuba from July 16 to 27, 2025. Our greatest desire is to bring love, hope, and resources to the community and the church, with the firm purpose of showing them that they are not forgotten by God or by His people.

Through this work, we seek to impact the lives of more than 2,000 people, bringing the message that God's love is real and close, and that in Christ they find peace and fulfillment. As mentioned in Matthew 6:33, "But seek first the kingdom of God and his righteousness, and all these things will be added to you," we firmly believe that although the context of the country presents significant challenges, with divine help we can make a noticeable difference. Our plan includes the following activities:

Evangelism

During the event, we will have the support of pastors and laity who will share the Gospel message in two churches, as well as the hiring of Bible workers to strengthen pastoral work in the region.

Medical and Dental Service

We will host a health fair where doctors and dentists will attend to those in need. To do this, we require medical utensils, stretchers, autoclaves, and disposable items.

Health Expo

The purpose of this fair is to raise awareness about the importance of a healthy lifestyle. Health professionals and trained church members will offer workshops and educational activities on nutrition, exercise and mental health, using the eight natural remedies as a foundation. Vitamin supplements will also be provided to those who need them most, thus addressing the malnutrition crisis affecting the community.

Psychological and Social Support

We have the presence of a psychologist and a social worker who will provide guidance and support in the area of mental health, promoting the integral well-being of families. Emotional support workshops will be offered, providing participants with tools to manage stress and strengthen their resilience.

Summer Bible School

We plan to carry out an enriching experience for around 500 children, where they can enjoy Bible stories, games, crafts and creative activities, fostering an environment of love and learning.

Assistance to Mothers and Babies

We will visit the mothers' hospital, bringing necessities for approximately 100 mothers and their newborns.

We are aware that Santiago de Cuba lacks many resources, but we have the collaboration of a company that will facilitate the delivery of materials. We know that by joining forces and resources, we will be able to offer this community a transformative experience that reminds them of Christ's embrace in their lives.

We invite you to be part of this noble cause and to support us in the search for the necessary resources to make this project a reality. Together, we can bring hope and love to people in need.

We thank you in advance for your attention and remain at your disposal for any questions or meetings you may wish to schedule.

Serving him,

Wanda Martinez



GOALS OF EVANGELISM

- **Proclaiming the Gospel Message** – Sharing the good news of Jesus Christ in two local churches, bringing the message of salvation and hope to the community.
- **Prepare the Community** - Work for three months with four to eight Bible workers who will conduct community visits, offering Bible studies and follow-up to interested families, preparing them for the main event.
- **Invite Participation** - Motivate community members to attend the church's large event, where evangelistic activities will take place and testimonies of faith will be shared.
- **Use Promotional Materials** - Distribute literature during activities, informing people about evangelistic campaigns and opportunities to hear the Gospel, ensuring that the invitation reaches every home.
- **Strengthen Pastoral Work** - Hire and train Bible workers to reinforce local ministry, ensuring ongoing follow-up and adequate spiritual care for new believers and the community.
- **Fulfill the Great Commission** —Work in alignment with Christ's command to go and preach the Gospel to all nations, reflecting God's love and compassion toward those most in need.



BENEFITS FOR CHRIST'S CHURCH

- **Spiritual Growth** – Evangelism will result in increased spiritual interest and a greater understanding of the Christian faith among participants, which can lead to further conversions and a strengthening of the community of believers.
- **Strengthening the Local Church** – The training and work of Bible workers will support existing ministry, helping the church grow in numbers and spiritual depth.
- **Community Impact** - Through visits and follow-up to families, meaningful relationships will be established that foster a sense of community and belonging, contributing to the spiritual and emotional well-being of the population.
- **Increased Participation** – Evangelistic activities and Bible studies will invite more people to participate in the life of the church, creating opportunities for them to get involved in ministry.
- **Witness of Love** – The church's actions will reflect Christ's love for the community, showing that believers are willing to serve and help, which can open doors for more people to know Jesus.
- **Harvest of Souls** - With the focus on evangelism, a bountiful spiritual harvest is expected, where many souls are given to Christ, transforming lives and bringing hope to the community.
- **Fulfillment of Mission** - By carrying out this evangelistic work, the church will be fulfilling its divine calling to minister to the poor, visit orphans and widows, and preach the Gospel, thus fulfilling true fasting and the great commission.



OBJECTIVES OF THE MEDICAL AND DENTAL SERVICE

- **Comprehensive Medical Care** – Provide medical and dental services to the people of Santiago de Cuba, serving those who do not have regular access to health care. The goal is to impact 80 people daily, offering consultations, treatments and necessary follow-ups.
- **Donation of Medical Equipment** - Carry stretchers, medical utensils, autoclaves, and other equipment that will allow health professionals to carry out their work effectively. This includes training and delivering these resources to local doctors and dentists for the benefit of the church and community.
- **Health Education** - Offer talks and workshops on oral hygiene and health care, promoting healthy habits that contribute to the general well-being of the community. This education is critical to empowering people to take care of their long-term health.
- **Hygiene Equipment Delivery** - Provide each participant with a bag of personal hygiene items including toothbrushes, toothpastes, and other essential oral care utensils. This not only promotes hygiene, but also provides participants with practical resources that they can use in their daily lives.
- **Community Collaboration** - Foster collaboration between local health professionals and volunteers attending the fair, creating support networks that strengthen the health system in the region.



MEDICAL AND DENTAL SERVICE BENEFITS

- **Improving Access to Health Care** - With resources in short supply in Cuba, the health fair represents a crucial opportunity for people to receive medical and dental care they would not otherwise have. This can help prevent disease and improve the quality of life for participants.
- **Training and Professional Empowerment** - By providing medical equipment and utensils, local health professionals are empowered, improving their ability to serve the community. This contributes to professional development and the strengthening of the local health system.
- **Health Awareness** - Educational talks will offer valuable information about the importance of oral hygiene and health care, creating greater awareness in the community about how to maintain good health and prevent disease.
- **Long-Term Benefits** - By encouraging healthy habits and providing resources for self-care, the positive effects of the fair are expected to extend beyond the days of the event, lasting impacting the health of participants.
- **Solidarity and Hope** – The presence of doctors and dentists, along with the delivery of essential resources, sends a powerful message of solidarity and hope to the community, reminding them that they are not alone and that they can count on the support of others in times of need.

In summary, the Medical and Dental Service seeks not only to meet immediate needs, but also to build a path towards a healthier and more hopeful future for the community of Santiago de Cuba. With God's help, this project has the potential to transform lives and strengthen the well-being of the population.



DETAILED OBJECTIVE OF THE MEDICAL BRIGADE AND HEALTH EXPO

The objective of the Medical Brigade and the Health Expo is to raise awareness and educate the community and the church about the need to adopt a healthy lifestyle. This is done by using health as an effective tool of evangelism and education, based on the principles of health described in the book "Ministry of Healing".

The situation in Cuba presents unique challenges, such as a high rate of malnutrition and scarcity of basic resources. The diet predominantly consists of white rice, with limited access to fruits, vegetables, and protein, contributing to nutritional deficiency. Therefore, the importance of promoting a comprehensive approach that encompasses both health education and access to essential vitamin and mineral supplements is emphasized. Dealing with the limited resources they can obtain on a daily basis.

At the Health Expo, several service tables will be organized, each dedicated to a specific aspect of health. Health professionals, along with church members trained as health promoters, will be present to offer education and personalized care. Tables will include:

- **Hydration Table** - An analysis of water consumption will be carried out and education will be provided on the amount needed for good health.
- **Nutrition Roundtable** - The malnutrition crisis will be addressed by providing information on vitamin and mineral intake. Supplements such as vitamin C, folic acid, B complex and iron will be offered to help the most vulnerable populations, including pregnant women and children.
- **Physical Activity Table** - Physical fitness tests will be conducted, and the importance of regular exercise will be taught. This will include demonstrations of exercises that can be done with limited resources.
- **Lung Health Roundtable** – Using spirometers, participants' lung capacity, especially those who smoke, will be assessed and advice will be offered on how to improve their respiratory health.
- **General Care Desk** – Physicians will be available for consultation and evaluation, providing guidance on various common health conditions.
- **Personal Care Table** - Information on personal hygiene will be offered and basic items such as soap and toothpaste, which are in short supply in the community, will be provided.

BENEFITS OF EXPO SALUD

Through these activities, it seeks not only to educate about health, but also to provide resources that help improve the general well-being of the population. The Health Expo is conceived as a space for exchange, learning and support, where attendees will not only receive information, but also attention and practical resources that respond to their immediate and long-term needs. Thus, the Medical Brigade and the Health Expo become a fundamental pillar to promote a healthy and resilient lifestyle in the Cuban community.



OBJECTIVES OF THE EMOTIONAL SUPPORT WORKSHOPS FOR FAMILIES IN THE PROVINCE OF SANTIAGO

- **Provide Emotional Support** – Provide a safe and welcoming space where families can express their emotions, concerns, and experiences. This will be achieved through the guidance of a psychologist and a social worker, who will offer psychological and social support adapted to the needs of each group.
- **Provide Practical Tools** – Equip participants with resources and techniques to manage stress, anxiety, and other emotional difficulties they may face in their daily lives. Coping strategies, effective communication and family conflict management will be taught, promoting a healthier and more harmonious environment.
- **Fostering Spiritual Connection** - Integrating principles of trust in God and spirituality into the emotional healing process. Through activities and reflections, families will be encouraged to find strength and support in their faith, which can be a powerful resource in difficult times.
- **Create Community Support Networks** - Facilitate the creation of bonds between participants, fostering a sense of community and mutual support. By sharing experiences and resources, families can develop connections that allow them to feel less alone in their struggles.
- **Promote Holistic Well-Being** – Address emotional health as an essential component of overall well-being. The importance of taking care of mental and emotional health will be emphasized, which in turn can positively impact physical health and interpersonal relationships.
- **Empowering Families** - Strengthening families' capacity to face and overcome adversity. By providing knowledge and resources, it seeks to empower participants to become agents of change in their own lives and in the lives of their loved ones.



EMOTIONAL SUPPORT BENEFITS

The humanitarian aid offered in these workshops has multiple benefits, especially for those who trust in God:

- **Hope and Resilience** - Faith can be a fundamental pillar for finding hope in times of difficulty. The workshops will promote the idea that through trust in God and community support, families can develop meaningful resilience.
- **Stigma Reduction** – By addressing mental health openly and honestly, you help destigmatize emotional and psychological difficulties, creating an environment where families feel comfortable seeking help.
- **Relationship Improvement** - The tools and strategies provided in the workshops can help improve communication and family relationships, fostering an environment of love and understanding at home.
- **Connection to Spiritual Values** – Integrating spirituality into the healing process allows families to find comfort and direction in their faith, which can be especially comforting in times of crisis.
- **Recovery and Healing** - Through a holistic approach that combines psychological and spiritual support, a deeper healing process is facilitated, which not only addresses emotional needs, but also nourishes the spirit.

In short, these emotional support workshops will not only offer practical resources for managing life's difficulties but will also provide a space for emotional and spiritual healing, strengthening families in the province of Santiago on their path to holistic well-being.



SUMMER BIBLE SCHOOL OBJECTIVES

- **Fostering Biblical Knowledge** – Providing children with a deeper understanding of God's word through Bible stories and teachings that nurture their faith and values.
- **Integral Development** - Offer activities that are not only spiritual, but also promote children's physical and emotional health, through games, crafts, and physical activities.
- **Create an Environment of Love and Support** – Provide a safe space where children can feel loved and accepted, learning about God's love through interaction with volunteers and other participants.
- **Provide Resources and Materials** - Provide children with materials needed for activities, such as pencils, scissors, and decorating equipment, ensuring that each activity is fun and educational.
- **Community Connection** - Engage the local church and more than 40 participants in the area, as well as 25 volunteers from Puerto Rico, to create a sense of community and collaboration that benefits everyone involved.

SUMMER BIBLE SCHOOL BENEFITS

- **Spiritual Impact** – Through the teachings and activities, children are expected to develop a closer relationship with God and learn about the love of Jesus, which can have a lasting effect on their lives.
- **Personal and Social Growth** – Group activities and games will foster social and teamwork skills, contributing to children's emotional development.
- **Creative Learning Opportunity** - Crafts and physical activities will not only be fun but will also allow children to learn new skills and encourage their creativity.
- **Contribution to the Community** - By carrying out this activity, the bond between the church and the community will be strengthened, demonstrating that church members from various parts of the world care and act in support of their Cuban brothers.
- **Snack with Love** - We will provide a nutritious snack to each child daily, which will not only be a physical gift, but also a gesture of love and care that reinforces the message of community and support.
- **Gift of Appreciation** - At the end of the experience, each child will receive a diploma that symbolizes their participation and achievements, providing them with a positive memory that they can treasure.

Our goal is for this Bible Summer School to not only educate you, but also transform lives, reminding children that they are loved and that they are not alone. With God's help, we are convinced that this will be an unforgettable and enriching experience for all involved.



OBJECTIVES OF ASSISTANCE TO MOTHERS AND BABIES

- **Provide Essential Items** - Bring necessities for approximately 100 mothers and their newborns, including diapers, bottles, thermometers, and basic baby and mother care utensils. This will help ease the economic burden they face.
- **Provide Emotional Support** - Through this delivery, we want to offer a message of love and solidarity, reminding mothers that they are not alone and that they are supported by their community and by the church.
- **Promote Child Care** – Educate mothers about the importance of hygiene and basic care for their babies by providing information on the correct use of items delivered.
- **Fostering Community Connection** – Creating a bond between mothers and the church, allowing beneficiaries to feel the love and support of the community, contributing to social cohesion.
- **Reduce Financial Stress:** By offering basic and useful items, it is hoped to decrease the economic pressure that mothers face, allowing them to focus on the well-being of their babies and their own care.

BENEFITS OF ASSISTANCE TO MOTHERS AND BABIES

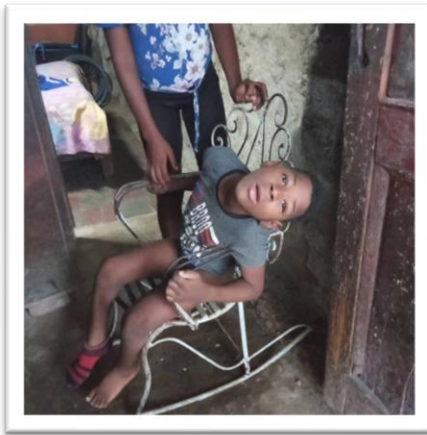
- **Improved Quality of Life** - The delivery of essential items will help improve the quality of life of mothers and their newborns, ensuring that they have access to basic products necessary for their well-being.
- **Increased Emotional Well-Being** – Knowing that they have the support of their community can give mothers a sense of relief and hope, which can improve their emotional state and ability to care for their children.
- **Health and Child Care Education** – Providing information on the proper use of childcare items and tips can help mothers develop better health and care practices for their babies.
- **Community Strengthening** - This activity will not only benefit mothers and babies directly but will also strengthen the bonds between church and community, showing that Christ's love is manifested through concrete actions.
- **Awareness Raising** - The delivery of basic items will highlight the urgent need for support in the community, motivating more people to get involved in humanitarian causes and to support their brothers and sisters in times of need.
- **Testimony of Christian Love** - This missionary work will become a tangible witness to the love of Christ, reminding mothers and their families that they are valued and that they are not alone in their struggles.

With God's help, this initiative will not only address basic needs, but also sow seeds of love, hope, and faith in the community.



The King will answer them, "Truly I tell you, whatever you did for one of my brothers, even for the least of these, you did for me."

Matthew 25:40



With God's help and the commitment of the church, this project has the potential to make a lasting impact on the community, bringing love and hope to those who need it most.

